



**Do you or the person you look after have a long term condition?**

**Could you, or they, be at risk of urine or chest or any type of infection?**

**Do you want to try and prevent an avoidable hospital admission?**

Service to help prevent you, or the person you look after, from being ill with an infection that may result in an emergency admission to hospital.

**This could prevent a life changing / life threatening hospital admission.**

**Why is it important to identify & treat an infection early?**

Infections in people with long term conditions are very common and can have a major effect on health and independence. If identified early enough infections can often be simply treated without the need for hospital admission and can avoid problems including: -

- Increased confusion
- Changes in behaviour/increase in agitation
- Increased risk of falls
- Increased disability and dependency
- Changes in care required & medication
- Family distress

**You, or the person who supports you, will be able to measure:**



• **Breathing**



• **Pulse**



• **Urine dip test**



• **Temperature**

...and learn how to enter results on to a simple web based system which works out how high the risk of infection is and advises on what action to take.

If the risk of infection is high, the system will send a message to a health professional, who will make contact by phone to ensure action is taken to get any necessary treatment as soon as possible.

**Please book to attend a training session:** (only need to attend one session)

Date	Time	Venue
Tue 4 <sup>th</sup> Apr '17	6pm-8:30pm	<b>KETTERING</b> Council, Bowling Green Rd, NN15 7QX
Mon 10 <sup>th</sup> Apr '17	2pm-4:30pm	<b>CORBY</b> Lakelands Hospice, Butland Rd, NN18 8LX
Thur 20 <sup>th</sup> Apr '17	10:30am-1pm	<b>NORTHAMPTON</b> Umbrella Fair, Racecourse Pavilion, Kettering Rd, NN1 4LG
Wed 26 <sup>rd</sup> Apr '17	10am-12:30pm	<b>CORBY</b> Lakelands Hospice, Butland Rd, NN18 8LX
Thur 27 <sup>th</sup> Apr '17	10am-12:30pm	<b>WELLINGBOROUGH</b> Northamptonshire Carers, 123 Midland Rd, NN8 1LU
Tue 2 <sup>nd</sup> May '17	10am- 12:30pm	<b>CORBY</b> Lakelands Hospice, Butland Rd, NN18 8LX
Thur 4 <sup>th</sup> May '17	10:30am-1pm	<b>NORTHAMPTON</b> Umbrella Fair, Racecourse Pavilion, Kettering Rd, NN1 4LG
Mon 15 <sup>th</sup> May '17	2pm-4:30pm	<b>CORBY</b> Lakelands Hospice, Butland Rd, NN18 8LX
Mon 22 <sup>nd</sup> May '17	10am-12:30pm	<b>BRACKLEY</b> The Old Fire Station, High St, NN13 5DW
Mon 5 <sup>th</sup> Jun '17	10am-12:30pm	<b>DAVENTRY</b> Methodist Church, Golding Close, NN11 4FB
Tue 6 <sup>th</sup> Jun '17	2pm-4:30pm	<b>NORTHAMPTON</b> Umbrella Fair, Racecourse Pavilion, Kettering Rd, NN1 4LG
Wed 7 <sup>th</sup> Jun '17	10am-12:30pm	<b>CORBY</b> Lakelands Hospice, Butland Rd, NN18 8LX
Wed 28 <sup>th</sup> Jun '17	10am-12:30pm	<b>TOWCESTER</b> Brook Surgery, Swinneyford Rd, NN12 6HD

**To book training Tel: 01933 677837 (Northamptonshire Carers)  
or go to [www.northamptonshire-carers.org](http://www.northamptonshire-carers.org) to register**